EASA Core Presentation Elements:  Checklist

___  Most people are surprised to know psychosis is **one of the most common adolescent health conditions.**

____  There are **many causes.**
- Far more common than insulin-dependent (Type 1) diabetes & just as treatable- about 16 times more common
- About one youth in every classroom will experience psychosis at some point
- **Anyone can develop psychosis.** Causes can include… not sleeping for multiple days, steroids or other drugs (prescribed & otherwise), many medical conditions, genetics
- About 3 in 100 will develop psychosis associated with a serious mental illness such as schizophrenia, bipolar disorder or major depression

___  **Gradual onset is the norm** & provides the opportunity for early identification.
- Early symptoms can be the most disabling

___  **Know the symptoms**
- Review acute symptoms
- Review early symptoms in detail & refer to brochure/take-away
- May start using drugs because of symptoms. *If you think it’s drugs, think twice!*

___  **Importance of early treatment:** Your early referral can make the difference between someone staying in their lives or losing it!

___  Our goal is to make treatment **easy to access and effective** as possible. Services are based on the most current research.
- Anyone can refer
- Services regardless of ability to pay
- Review services available
  - Psychiatry & nursing
  - Individualized counseling, supported employment & education
  - Multi-family groups & family support
  - Occupational therapy
- Transitional (2-year) program with goal of connecting to ongoing supports

___  Review general eligibility criteria (region, age, how recent onset, IQ)

___  What to expect if you refer
- If you refer stay in touch with the person & us until we know they’re appropriate & Connected

___  **Call quickly!**
- Give out brochures & cards

___  **Help us get the word out** (who else could we talk to)

___  Questions/answers