

EARLY ASSESSMENT & SUPPORT ALLIANCE
FOUNDATION FOR EXCELLENCE IN MENTAL HEALTH CARE

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FOUNDATION FOR EXCELLENCE
IN MENTAL HEALTH CARE

Expect Recovery



EASA Center for Excellence

PROGRAM DIRECTORY

OF EARLY PSYCHOSIS INTERVENTION PROGRAMS

EARLY ASSESSMENT & SUPPORT ALLIANCE (EASA)
FOUNDATION FOR EXCELLENCE IN MENTAL HEALTH
CARE (FEMHC)

PORTLAND, OREGON, UNITED STATES

PURPOSE

This directory was created and is maintained by [Ellie Taylor](#), Research Associate (971-240-7788, elinor.taylor@pdx.edu), in partnership with the [Foundation for Excellence in Mental Health Care \(FEMHC\)](#) and the [Early Assessment and Support Alliance \(EASA\)](#) Center for Excellence at Portland State University. FEMHC is an international community foundation dedicated to connecting visionary donors with innovative recovery-focused programs. The Foundation strives to identify promising initiatives and inspire change. EASA consists of a statewide network of programs in Oregon with a coordinated approach to early psychosis intervention. It provides information and support to young people who are experiencing symptoms of psychosis for the first time. The EASA Center for Excellence is the research and administrative arm of EASA.

The purpose of this directory is to create a database and directory of early intervention programs for psychosis within the U.S. Additional goals include facilitating a communicative network among these programs, creating tools for referral, comparing outcome measurements, and determining potential future research studies. This information is up-to-date as of January 1st, 2016, but its relevance may change as programs do.

It is important to note there are differences in what stages of early psychosis these programs focus on, and in the services provided. Some programs are tailored towards assessing and treating individuals who are considered to be at high risk for psychosis based on a standardized tool such as the Structured Interview for Psychosis Risk Syndrome. These programs are attempting to identify and provide intervention during a prodromal stage, which refers to an early set of symptoms (such as unusual thinking and perceptual disturbances) prior to the onset of acute psychosis.

Other programs emphasize intervention after first-episode (FE), which means that the individual has already experienced psychosis. Psychosis is differentiated from high risk based on the severity of symptoms, degree to which a person is aware of changes in perceptions and thought process, whether they are able to engage in reality testing, the degree to which they are modifying their behavior, and the level of impact on their level of distress and functioning.

FEMHC and EASA recognize the importance of early intervention generally for young adults and families in need, and that early psychosis intervention is an active field of research. Thus, we aim to be inclusive and include all program information available.

Thank you for your interest and feel free to contact us for further information!

ARIZONA

Tucson

Early Psychosis Intervention Center (EPICENTER)

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First Hope

Contra Costa County Behavioral Health Services

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Aftercare Research Program

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[The Staglin Music Festival Center for the Assessment and Prevention of Prodromal States \(CAPPS\)](#)

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Modesto

LIFE Path

Sierra Vista Child & Family Services

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Modesto, CA 95354

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Napa/Napa & Solano Counties

Supportive Outreach & Access to Resources (SOAR)

Aldea Child & Family Services

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PREP Alameda

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EDAPT (Early Diagnosis and Preventive Treatment) Clinic

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Salinas/Monterey

PREP Salinas/Monterey

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[San Jose/Santa Clara County](#)

[Momentum for Mental Health](#)

Part of the [REACH \(Raising Awareness and Creating Early Hope\) Program](#)

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San Jose, CA 95122

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Starlight Community Services

Part of the REACH (Raising Awareness and Creating Early Hope) Program

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San Mateo

PREP San Mateo

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BEAM San Mateo

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Santa Barbara

Prevention/Early Intervention Services for Transition-Age Youth

County of Santa Barbara Alcohol, Drug, and Mental Health Services

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Ventura

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Telecare Corporation

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COLORADO

Boulder

ADAPT Colorado

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CONNECTICUT

New Haven and Hartford

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The Early Psychosis Program at the POTENTIAL Outpatient Clinic

Institute of Living at Hartford Hospital

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Assessment Center for Intake and Young Adult Services

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[Specialized Treatment in Early Psychosis \(STEP\)](#)

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NAVIGATE Team

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Panama City

EPIC Program

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Prevention and Early Intervention Program

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ILLINOIS

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IOWA

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Eyerly-Ball Mental Health Cropp Clinic

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RESTORE Project Director

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Cedar Rapids

FERST (First Episode Recovery Support Team)

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MAINE

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MARYLAND

Baltimore

Early Psychosis Intervention Clinic (EPIC)

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Community Psychiatry Program

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First Episode Clinic (FEC)

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MASSACHUSETTS

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Center for Early Detection, Assessment, & Response to Risk (CEDAR)

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MICHIGAN

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Contact:

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MINNESOTA

Minneapolis

[First Episode Psychosis Program \(FEPP\)](#)

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Provider Referral Phone: (612) 672-7575

MISSISSIPPI

Greenwood

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Life Help/Region VI CMHC

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MISSOURI

St. Louis

First Contact Assessment Service

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Washington University in St. Louis School of Medicine

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MONTANA

Billings

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NEW MEXICO

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NEW YORK

Albany

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Brooklyn

Kings OnTrackNY

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Behavioral Health Services –R Building

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Long Island

OnTrackNYSuffolk

Part of the [OnTrackNY](#) Program

Farmingville Mental Health Clinic

15 Horseblock Place

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Recognition and Prevention Program (RAP)

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Manhattan

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Early Treatment Program (ETP) – Upper East Side

Part of the Early Treatment Program (ETP)

Dept. of Psychiatry at Lenox Hill Hospital

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Early Treatment Program (ETP) – Zucker Hillside Hospital

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OnTrackNY at the Jewish Board

Part of the OnTrackNY Program

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OnTrackNYC Washington Heights

Washington Heights Community Services

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Syracuse/Central New York

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Yonkers

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Tia Dole, Team Leader

NORTH CAROLINA

Carrboro

OASIS Carrboro

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Carrboro, NC 27510
Phone: (919) 962-1401
Fax: (919) 962-7373
Contact:
Diana Perkins, MD, Medical Director
E-mail: diana_perkins@med.unc.edu

Chapel Hill

Prevention Through Risk Identification Management & Education (PRIME) Study

University of North Carolina at Chapel Hill

Dept. of Psychiatry
Chapel Hill, NC 27599-2200
Phone: (877) 774-6319

Contact:

Jennifer Nieri, LCSW
Phone: (919) 966-8341
E-mail: jennifer_nieri@med.unc.edu

Dylan Grewen, BA, CPT
Phone: (919) 843-3421
E-mail: dylan_grewen@med.unc.edu

Raleigh

OASIS Raleigh

Part of the Outreach and Intervention Support Services (OASIS) Program

3010 Falstaff Rd.

Suite 107

Raleigh, NC 27610
Phone: (919) 445-0401

OREGON

Baker County

Baker County EASA
2200 4th Street
Baker City, OR 97814
Main Office Phone: (541) 523-3646
Fax: (541) 523-7602
Referrals: (541) 523-3646

Clackamas County

Clackamas County EASA
[LifeWorks NW](#)
4105 International Way, Suite 501
Milwaukie, OR 97222
Main Office Phone: (503) 496-3201 Ext. 1244
Fax: (503) 496-3208

Clatsop County

Clatsop County EASA
[Clatsop Behavioral Healthcare](#)
2120 Exchange St., Suite 203
Astoria, OR 97103
Main Office Phone: (503) 325-0241 Ext. 201
Fax: (503) 325-8483

Columbia County

Columbia County EASA

[Columbia Community Mental Health](#)

58646 McNulty Way

St. Helens, OR 97051

Main Office Phone: 503-397-5211 or toll-free 1-800-294-5211

Fax: 503-397-5373

Deschutes, Crook, and Jefferson Counties

Deschutes County EASA

[Deschutes Co. Child & Family Program](#)

1340 NW Wall St.

Bend, OR 97701

Main Office Phone: (541) 322-7576

Fax: (541) 330-4636

Douglas County

Douglas County EASA

2700 Stewart Parkway Avenue, Annex B

Roseburg, OR 97471

Mailing Address:

272 Medical Loop, Suite E

Roseburg, OR 97471

Main Office Phone: (541) 440-3532 or toll free 1-800-866-9780

Fax: (541) 440-3554

Hood River, Wasco & Sherman Counties

Hood River County EASA

[Mid-Columbia Center for Living](#)

Hood River office:

1610 Wood Ct.

Hood River, OR 97031
Main Office Phone: (541) 386-2620
Fax: (541) 386-6075
The Dalles office:
419 E 7th St., Annex A
The Dalles, OR 97058
Main Office Phone: (541) 296-5452

Jackson County

Jackson County EASA
[Jackson County Mental Health](#)
140 S. Holly Street
Medford, OR 97501
Main Office Phone: (541) 774-8201
Fax: (541) 774-7979

Josephine County

Josephine County EASA
[Options Creekside Center](#)
1181 Ramsey
Grants Pass, OR 97527
Main Office Phone: (541) 244-3103
Fax: (541) 479-2450

Klamath County

Klamath County EASA
[Klamath Basin Behavioral Health](#)
2210 N Eldorado Avenue
Klamath Falls, OR 97601

Main Office Phone: (541) 883-1030

Fax: (541) 884-2338

Lane County

Lane County EASA

[PeaceHealth Oregon/Lane County Behavioral Health Services](#)

Lane County EASA

1200 Hilyard Street, Suites 540 and 570

Eugene, OR 97401

Main Office Phone: (458) 205-7070

Fax: (458) 205-7089

Linn County

[Linn Co. Mental Health](#)

Mailing Address:

PO Box 100

Albany, OR 97321

Main Office Phone: (541) 967-3866, Option #4

Fax: 541-812-8784

Malheur County

Malheur County EASA

Lifeways, Inc.

702 Sunset Drive

Ontario, OR 97914

Main Office Phone: (541) 889-9167 or 1-800-995-9169

Fax: (541) 889-7873

Marion County

Marion County EASA

[Marion Co. Children's Behavioral Health](#)

3878 Beverly Ave. NE, Suite H

Salem, OR 97305
Phone: (503) 576-4600
Fax: (503) 584-4837

Multnomah County

Multnomah County EASA

Multnomah Co. Mental Health & Addiction Services

Lincoln Building:
421 SW Oak St., Suite 520
Portland, OR 97204
Main Office Phone: (503) 988-3272
Fax: (503) 988-5870
Contact:
Leticia Sainz
E-mail: leticiasainz@multco.us

Multnomah County EASA, Rockwood Location
Rockwood Community Health Clinic
2020 SE 182nd Ave. #L104
Portland, OR 97233
Main Office Phone: (503) 988-3272
Fax: (503) 988-5870

Polk County

Polk County Mental Health

182 SW Academy St.
Dallas, OR 97338
Main Office Phone: (503) 623-9289
Fax: (503) 623-7560

Tillamook County

Tillamook Family Counseling Center

906 Main Ave. Tillamook, OR 97141

Main Office Phone: (503) 842-8201 or (800) 962-2851

Fax: (503) 815-1870

Umatilla County

Umatilla County EASA

Pendleton

331 SE 2nd Street

Pendleton, OR 97801

Mailing Address:

PO Box 987

Pendleton, OR 97801

Main Office Phone: (541) 276-6207 or toll-free 1-866-343-4473

Fax: (541) 276-4628

Umatilla County EASA, Hermiston Location

595 NW 11th Street

Hermiston, OR 97838

Main Office Phone: (541) 567-2536

Fax: (541) 567-2632

Union County

Center for Human Development, Inc.

2301 Cove Ave.

LaGrande, OR 97850

Main Office Phone: (541) 962-8800 (mention EASA)

Fax: (541) 963-5272

Wallowa County

Wallowa County EASA

Wallowa Valley Center for Wellness

PO Box 268
207 SW 1st Street
Enterprise, OR 97828
Main Office Phone: (541) 426-4524

Washington County

LifeWorks NW

14255 SW Brigadoon Ct.
Beaverton, OR 97005
Main Office Phone: (503) 641-1475
Fax: (503) 641-8548

Yamhill County

Yamhill Co. Adult Mental Health

627 NE Evans St.
McMinnville, OR 97128
Main Office Phone: (503) 583-7523 Ext. 4724 to reach Emily Piper
Fax: (503) 434-9846

OHIO

Akron/Summit County

FIRST Summit County

Part of the FIRST Network
Child Guidance & Family Solutions
18 North Forge St.
Akron, Ohio
Contact:
Hattie Tracy, MSW, LISW-S, LCDC III, Team Leader
Phone: (234) 788-1646

Bowling Green/Wood County

FIRST Lucas & Wood Counties

Part of the [FIRST](#) Network

COMPASS, A division of the Zepf Center

541 W. Wooster Street

3rd floor

Bowling Green, OH 43402

Contact:

Brandi Hahn, M.S.W., LISW, FIRST Lucas and Wood Counties Team Leader

Phone: (419) 764.2773

Canton/Stark County

FIRST Stark County

Part of the [FIRST](#) Network

Coleman Professional Services

400 Tuscarawas St., West, Suite 200

Canton, Ohio 44702

Contact:

Michelle Allison-Smith, LPCC-S, FIRST Stark County Team Leader

Phone: (330) 541-1877

Cleveland/Cuyahoga County

FIRST Cuyahoga County

Part of the [FIRST](#) Network

Catholic Charities Diocese of Cleveland

The Covenant

1515 West 29th

Cleveland, OH 44113

Contact:

FIRST Cuyahoga County Team Leader

Phone: (216) 339-1438

Columbus

Early Psychosis Intervention Center (EPICENTER) - Ohio

Department of Psychiatry and Behavioral Health

The Ohio State University

1670 Upham Dr.

Columbus, OH 43210

Phone: [\(614\) 685-6052](tel:6146856052)

Contact:

Dr. Nicholas Breitborde, Director

Greater Cincinnati Area

FIRST Greater Cincinnati

Part of the [FIRST](#) Network

[Greater Cincinnati Behavioral Health Services](#)

Hamilton County Location:

Greater Cincinnati Behavioral Health Services

7162 Reading Rd.

Suite 400

Cincinnati, OH 45237

Clermont County Location:

Greater Cincinnati Behavioral Health Services

1074 Wasserman Way

Batavia, OH 45103

Contact:

Stephanie Hurley, M.A., LPCC-S , FIRST Greater Cincinnati Area Team Leader
Phone: (513) 354-7337

Greater Lima

FIRST Greater Lima

Part of the [FIRST](#) Network

Coleman Professional Services

799 South Main St.

Lima, OH 45804

Contact:

Brook Smith, LPC , FIRST Greater Lima Team Leader

Phone: (330) 541-8543

Kent/Portage County

FIRST Portage County

Part of the [FIRST](#) Network

Coleman Professional Services – Portage Co. Offices

5982 Rhodes Road

Kent, OH 44240

Contact:

Karen Fleming, Ph.D., FIRST Portage County team leader

Phone: (330) 676-6859

Rootstown

[The Best Practices in Schizophrenia Treatment \(BeST\) Center](#)

4209 State Route 44

Rootstown, OH 44272

Phone: (330) 325-6695

Contact:

Vicki L. Montesano, Associate Director

Office Phone: (330) 325-6696

E-mail: vmontesano@neomed.edu

Heather Pokrandt, Consultant Trainer for FIRST Programs

E-mail: hpokrandt@neomed.edu

Toledo, Lucas County

FIRST Lucas & Wood Counties

Part of the [FIRST](#) Network

Locations:

Zepf Center Central Community Support

Medical and Vocational Services

6605 W. Central Ave.

Toledo, OH 4361:

Zepf Center Nebraska Medical

Child and Adolescent Services

905 Nebraska Ave.

Toledo, OH 43607

Contact:

Brandi Hahn, M.S.W., LISW, FIRST Lucas and Wood Counties Team Leader

Phone: (419) 764.2773

Warren/Trumbull County

FIRST Trumbull County

Part of the [FIRST](#) Network

Coleman Professional Services Offices

552 North Park Ave.

Warren, OH 4448

Contact:

Carmella Hill, M.Ed., PCC, FIRST Trumbull County Team Leader

Phone: (330) 541-1732

Youngstown/Mahoning County

FIRST Mahoning County

Turning Point Counseling Services

611 Belmont Ave.

Youngstown, OH 44502

Contact:

Krista Brawley, M.S.W., LSW FIRST Mahoning County Team Leader

Phone: (234) 201-2512

OKLAHOMA

Oklahoma City

[NAVIGATE Program of HOPE Community Services](#)

HOPE Community Services, INC.

6100 S Walker Ave.

Oklahoma City, Oklahoma 73139

Contact:

Leslie Hebert, Director

Phone: 405-510-3852

E-mail: lahebert@hopecsi.org

PENNSYLVANIA

Philadelphia

Penn Psychosis Evaluation and Recovery Center (PERC)

Dept. of Psychiatry – Neuropsychiatry Section

Hospital of The University of Pennsylvania

10th Floor – Gates Building

Philadelphia, PA 19104

Phone: (215) 615-3292

Fax: (215) 662-7903

Contact:

Dr. Christian G. Kohler, MD, Director

PEACE (Psychosis Education, Assessment, Care, and Empowerment)

A Program of Horizon House

3819 Chestnut St. Garden Level

Philadelphia, PA 19104

Phone: 215-38-PEACE (7-3223)

Fax: 215-387-3203

E-mail: peace@hhinc.org

Contact:

Irene Hurford

E-mail: irene.hurford@hhinc.org

TEXAS

Dallas

First Episode Psychosis Program (FEPP)

UT Southwestern Medical Center

Dept. of Psychiatry

6363 Forest Park Rd., Suite 651

Dallas, TX 75390-8828

Phone: (214) 648-4603

E-mail: first.episode.psychosis@utsouthwestern.edu

Contact:

Dr. Carol Tamminga, MD, Chairman

UTAH

Ogden

Weber & Morgan County First Episode Psychosis Program

[Weber Human Services](#)

237 26th Street

Ogden, Utah 84401

Phone: (801) 778-6832

Contact:

Jayne N. Kashiwaeda, LCSW

E-mail: jaynek@weberhs.org

VIRGINIA

Abingdon

NAVIGATE Team of Highlands Community Services

Part of the [NAVIGATE](#) Program

610 Campus Drive

Abingdon, VA 24210

Contact:

Sydney Peltier, Team Leader

E-mail: speltier@highlandscsb.org

Fairfax

[Turning Point](#)

8221 Willow Oaks

Corporate Drive

Fairfax, VA 22031

Phone: (703) 383-8535

WASHINGTON

Yakima

New Journeys Early Intervention Project

Central Washington Comprehensive Mental Health Services

Main Office:

402 S. 4th Avenue

P.O. Box 959

Yakima, WA 98907

Phone: (509) 575-4084

TECHNICAL ASSISTANCE

The Connection Program

The Connection Program is a program for adolescents and young adults experiencing a first episode of psychosis. The Program's goal is to deliver a multidisciplinary team-based treatment designed to reduce or prevent disability and to foster recovery among young people in the early stages of psychosis. It is part of the RAISE study and is based in Maryland Midtown Carruthers Clinic.

The EASA Center for Excellence at the Regional Research Institute

The EASA Center for Excellence is nationally known for the training and technical assistance it provides to programs focused on early intervention in psychosis. At local and national levels, EASA takes a lead role in training stakeholders in mental health systems, articulating and monitoring standards of care, and supporting program development.

Felton Research and Training at the Felton Institute

Felton Research and Training, a division of the [Felton Institute](#), offers professional development and behavioral health training for providers in a variety of Evidence-Based Practices (EBPs). Felton provides training in [Motivational Care Management \(MCM\)](#), [Motivational Interviewing \(MI\)](#), and [Cognitive Behavioral Therapy for Psychosis \(CBTp\)](#), as well as other best practices for the social service environment. Felton has developed research infrastructure through our [Cloud-Based Integrated Reporting and Charting Environment \(CIRCE\)](#). Guided by a commitment to positive outcomes, social justice, respect for diverse cultures, and client driven service, the Felton Institute provides innovative, patient centered solutions to agencies in California and across the nation.

[The Maryland Early Intervention Program Network](#)

The Maryland Early Intervention Program Network is establishing a series of Early Intervention Teams (EITs) throughout MD so that service providers can collaborate, share resources, and provide support and coordination of service delivery. They also provide the [Centralized Contact For Services](#) program that is available to professionals who are interested in consultation, education, and assistance in developing their own early intervention program. To access this resource, contact the Maryland EIP at 877-277-MEIP (6347) or info@Maryland.

[The Prodrome and Early Psychosis Network \(PEPPNET\)](#)

PEPPNET is a network of experts aimed at “organizing thinking around clinical best practices, training approaches and metrics, and providing leadership to communities nationwide who are implementing early high risk and psychosis programs” (PEPPNET website). They have convened a national steering of professionals within the field and are facilitated through the Stanford Department of Psychiatry and Behavioral Sciences.

[Pier Training Institute](#)

The Pier Training Institute is helping mental health providers and organizations across the nation bring the power of The PIER Model to their community. The PIER Model, designed for adolescents and young adults between the ages of 12 and 25, redefines mental health treatment through a unique focus on identifying severe mental illness in its early stages — a time when it is shown to be highly treatable.

Recovery After an Initial Schizophrenia Episode (RAISE) at the National Institute of Mental Health

This website summarizes the key findings of the RAISE study, including core components of care, staffing needs, training and supervision requirements, examples of manuals, and vignettes (amongst many other resources).

RAISE ETP

The RAISE Early Treatment Program (ETP) is a research study that will compare two different ways of providing treatment for people experiencing the early stages of schizophrenia and related illnesses. It encompasses 34 community mental health centers and hospital outpatient mental health facilities in 21 states and is directed by Dr. John Kane from the Feinstein Institute for Medical Research in Manhasset, NY. RAISE ETP offers a consulting arm for technical assistance.

The NAVIGATE Program

NAVIGATE is a comprehensive program designed to provide early and effective treatment to individuals who have experienced a first episode of psychosis. It was developed with support from NIMH and has been implemented at 20 sites throughout the U.S. and one in Canada, including urban, suburban, and rural settings, and has provided treatment to people from diverse ethnic and cultural backgrounds. NAVIGATE is one of the options for implementing Coordinated Specialty Care (CSC) for early psychosis, as described by [SAMHSA's website](#).

ADDITIONAL RESOURCES

The Open Dialog Foundation

The Open Dialog Foundation was established by people who consider European values – personal freedom, human rights, democracy and self-government – more than just a declaration, but a daily reality of the 21st century people. Their goal is to create a uniform information space, where people from the Atlantic to the Pacific who share European values will be able to exchange their knowledge and experience, implement their public initiatives aimed at continuous natural transformation of post-totalitarian societies towards democracy and civil freedoms.

Open Dialog offers to be a resource for training to organizations interested in early intervention. For more information, please contact Mary Olson at maryo@dialogicpractice.net.

Partners for StrongMinds (P4SM)

Partners for StrongMinds (P4SM) raises awareness and funds to transform the way that psychosis is detected, treated and understood in the United States, so that more young people get lifesaving help when it matters most. Through digital public education and advocacy, P4SM is committed to all Americans having equal access to earlier, empowering treatment and support. P4SM's dream is for more young people facing mental health challenges to keep chasing theirs.

State of Oregon: Addictions and Mental Health (AMH) Division

AMH provides in-depth coverage on mental healthcare in Oregon, including a [list](#) of adult mental health services. It also includes more information about EASA and a regularly updated [directory](#) of its program sites. For more information, please call (503) 947-5527 or contact Jean Lasater at jean.c.lasater@state.or.us.

