PROGRAM DIRECTORY

of Early Psychosis Intervention Programs

Early Assessment & Support Alliance (EASA)
The National Technical Assistance Network For Children’s Behavioral Health
Portland, Oregon, United States
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Suggested Citation
This directory was developed by the Early Assessment and Support Alliance (EASA) Center for Excellence at Portland State University. It was originally developed in partnership with the Foundation for Excellence in Mental Health Care (mentalhealthexcellence.org). Currently, it is maintained in partnership with the National Training and Technical Assistance Center (NTTAC) for Children’s Behavioral Health. For questions or concerns, please contact Ellie Taylor, Research Associate with the EASA Center for Excellence, at elinor.taylor@pdx.edu.

NTTAC was created in 2015 by the Substance and Mental Health Services Administration (SAMHSA) to address the needs of high-risk children and youth. NTTAC’s TA Network is a partnership of 14 universities and organizations that include Children’s Mental Health Initiative, System of Care Expansion Implementation, and System of Care Expansion and Sustainability Cooperative Agreements, as well as to states, tribes, territories and communities without grant awards.

The EASA Center for Excellence is a TA Network partner. EASA consists of a statewide network of programs in Oregon with a coordinated approach to early psychosis intervention. It provides information and support to young people who are experiencing symptoms of psychosis for the first time. The EASA Center for Excellence provides training, research and program development statewide in Oregon and nationally. For more information, please visit http://easacommunity.org.

The purpose of this directory is to create a database and directory of early intervention programs for psychosis within the U.S. Additional goals include helping people find resources in their communities and facilitating a communicated network among these programs. This information is up-to-date as of May 15th, 2016, but its relevance may change as programs do.

Reflecting the growing national collaboration, this version of the directory features expanded national, state, and program information. This includes a new section on national resources, state contact people for early psychosis section, and program criteria (e.g., accepted age ranges, types of insurance accepted). If you are affiliated with a program and would like to contribute its information, please complete our survey.

This directory is undergoing continuing development as more data about programs becomes available. We at EASA recognize the importance of early intervention generally for young adults and families in need, and that early psychosis intervention is an active field of research. Thus, we aim to be inclusive and include all program information available. Thank you for your participation and interest.
# Table of Contents

## National Resources

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>National &amp; International Networking</td>
<td>6</td>
</tr>
<tr>
<td>Advocacy &amp; Support</td>
<td>6</td>
</tr>
<tr>
<td>Resources for Finding Help</td>
<td>7</td>
</tr>
</tbody>
</table>

## Early Intervention Programs & Resources by State

<table>
<thead>
<tr>
<th>State</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arizona</td>
<td>9</td>
</tr>
<tr>
<td>California</td>
<td>9</td>
</tr>
<tr>
<td>Colorado</td>
<td>17</td>
</tr>
<tr>
<td>Connecticut</td>
<td>18</td>
</tr>
<tr>
<td>Florida</td>
<td>19</td>
</tr>
<tr>
<td>Georgia</td>
<td>19</td>
</tr>
<tr>
<td>Idaho</td>
<td>21</td>
</tr>
<tr>
<td>Illinois</td>
<td>21</td>
</tr>
<tr>
<td>Indiana</td>
<td>22</td>
</tr>
<tr>
<td>Iowa</td>
<td>22</td>
</tr>
<tr>
<td>Kansas</td>
<td>23</td>
</tr>
<tr>
<td>Kentucky</td>
<td>23</td>
</tr>
</tbody>
</table>
Louisiana ............................................................................................................. 24
Maine .................................................................................................................. 24
Maryland ............................................................................................................. 24
Massachusetts .................................................................................................... 26
Michigan ............................................................................................................ 28
Minnesota .......................................................................................................... 29
Mississippi ......................................................................................................... 29
Missouri .............................................................................................................. 29
Montana .............................................................................................................. 29
New Hampshire ................................................................................................. 30
New Mexico ...................................................................................................... 30
New York ........................................................................................................... 30
North Carolina ................................................................................................ 34
Oregon ............................................................................................................. 35
Ohio .................................................................................................................... 35
Oklahoma ......................................................................................................... 38
Pennsylvania ................................................................................................... 38
Texas .................................................................................................................. 39
Utah ..................................................................................................................... 39
Virginia ............................................................................................................. 40
Washington ..................................................................................................... 42
Wisconsin ......................................................................................................... 42
Partners for Strong Minds (P4SM)

P4SM is a national platform of young people living with psychosis, families, researchers, clinicians, and systems dedicated to demystifying and de-stigmatizing psychosis. Tracks and disseminates psychosis research and policy news. Extensive social media campaign that shares perspectives of young adults with lived experience.

Website: [http://partners4strongminds.org](http://partners4strongminds.org)
Facebook: [https://facebook.com/Partners4StrongMinds](https://facebook.com/Partners4StrongMinds)
Twitter: [https://twitter.com/@p4sm](https://twitter.com/@p4sm)

The Prodrome and Early Psychosis Program Network (PEPPNET)

A national membership organization of clinicians, educators, policy leaders, government agencies and researchers who are leading community implementation efforts for early psychosis and psychosis risk programs. Supported by Stanford Medicine’s Dept. of Psychiatry and Behavioral Sciences. Provides education, research dissemination, a national listserv to connect professionals, and many other resources.

Website: [http://med.stanford.edu/peppnet.html](http://med.stanford.edu/peppnet.html)

IEPA Early Intervention in Mental Health

IEPA is an international network for those involved in the study and treatment of the early phases of mental health disorders encompassing a trans-diagnostic approach. With its origins in early intervention in psychosis, IEPA aims to enhance awareness of the early phases of mental health disorders more generally, their causes, prevention and the process of recovery. It aims to provide a network for international communication and collaboration between stakeholders.

Website: [https://iepa.org.au](https://iepa.org.au)

National Alliance on Mental Illness (NAMI)

NAMI is the nation’s largest grassroots mental health organization. Provides support groups, advocacy, education, and many other resources. They are developing new resources for early psychosis intervention, including providing trainings and materials. They offer a toll-free national HelpLine that provides free referrals, information, and support. Visit their website or
call the HelpLine for more information about national and local resources.

**Website:** https://nami.org  
**Phone:** 800-950-6262

**MyHealios**  
MyHealios is an evidence-based caregiver support service that is provided to families and caregivers via live video conferencing. Provides specific resources and support for caregivers of individuals with psychosis. Provides free 30 min. consultations to callers.  
**Website:** https://myhealios.com  
**Phone:** 855-313-8152

**The StrongMinds Project**  
The StrongMinds Project is run by a group of “passionate young people who’ve struggled with our mental health, and are back to chasing our dreams after finding effective support and resources.” They produce videos, blogs, and a wide range of information created by young people with lived experience.  
**Website:** http://strongmindsproject.org

**RESOURCES FOR FINDING HELP**

**Partners for StrongMinds (PS4M) Treatment Tracker**  
An extensive, frequently updated map and list of Early Intervention for Psychosis programs in the U.S. Provides contact information for each program.  
**Website:** http://partners4strongminds.org/get-involved/education-center/finding-treatment

**HelpWhenYouNeedIt.Org**  
An online directory of over 350,000 national private and public resources including mental health treatment, food pantries, stores that accept food stamps, assisted living facilities, domestic violence shelters, homeless shelters, hospitals, substance abuse treatment, free clinics, V.A. facilities, women’s clinics, and legal assistance or financial assistance. Enter a zip code to find nearby listings.  
**Website:** http://helpwhenyouneedit.org

**International Listing of Early Intervention for Psychosis Programs**  
An online international listing provided through the IEPA, an international network for those involved in the study and treatment of the early phases of mental health disorders.  
**Website:** https://iepa.org.au/by-country

**The National Suicide Prevention Lifeline Network**  
More than 150 crisis centers across the country participate in the National Suicide Prevention Lifeline Network. The network connects callers to a trained counselor in their area. Visit their website to view crisis lines by state or zip code.
Or, call their helpline to be routed to the closest available crisis center.

**Website:** [http://suicidepreventionlifeline.org/getinvolved/locator](http://suicidepreventionlifeline.org/getinvolved/locator)

**Phone:** 800-273-TALK (800-273-8255)

**Suicide.org**

Suicide.org is an extensive online directory of listings for crisis hotlines, organized by state and county.

**Website:** [http://suicide.org/suicide-hotlines.html](http://suicide.org/suicide-hotlines.html)
Resources by State

**ARIZONA**

**Tucson**

**Early Psychosis Intervention Center (EPICENTER)**
Banner University Medical Center South
2800 E Ajo Way
Tucson, AZ 85713

*Website:* [http://psychiatry.arizona.edu/patient-care/epicenter](http://psychiatry.arizona.edu/patient-care/epicenter)
*Phone:* 520-874-4068
*Contact:* Dr. Patricia Harrison-Monroe, Director

**Los Angeles**

**Aftercare Research Program**
UCLA Semel Institute
300 UCLA Medical Plaza, Room 2240
Los Angeles, CA 90095-6968

*Populations served:* First Episode Psychosis – schizophrenia spectrum

*Ages served:* 18-45

*Insurance accepted:* “We are funded via NIMH, so insurance is not needed except for services that clients need beyond the scope of our clinical research interventions.”

*Service model:* Coordinated Specialty Care (CSC), Open Dialogue, “We are a clinical research programs that provide psychosocial and medication interventions with the purpose of improving functional outcomes.”

*Website:* [https://semel.ucla.edu/aftercare](https://semel.ucla.edu/aftercare)
*Website:* [http://schizophrenia.ucla.edu/Aftercare](http://schizophrenia.ucla.edu/Aftercare)
*Phone* (referral): 310-206-3142
*Contact:* Luana Turner, PsyD
*Email:* LTurner@mednet.ucla.edu

**CALIFORNIA**

**Concord/Contra Costa County**

**First Hope**
Contra Costa County Behavioral Health Services
1034 Oak Grove Rd
Concord, CA 94518

*Website:* [http://firsthopeccc.org/index.html](http://firsthopeccc.org/index.html)
*Phone:* 925-681-4450

*Fax:* 925-681-4450
*Contact:* Phyllis Mace, LMFT, Program Manager
*Email:* Phyllis.Mace@hsd.cccounty.us
The Staglin Music Festival Center for the Assessment and Prevention of Prodromal States (CAPPS)

Departments of Psychology and Psychiatry & Biobehavioral Sciences
University of California, Los Angeles
Semel Institute for Neuroscience and Human Behavior
760 Westwood Plaza, 2nd Floor
Los Angeles, CA 90095

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 12-30

Insurance accepted: “As a research clinic, we do not accept insurance and all of our services are free of charge.”

Service model: “Assessment and treatment planning with outside providers.”

Additional info: “Assessment services are all free and include clinical, psychosocial, and neuropsychological assessments conducted every two to six months to closely monitor symptoms and functioning. Findings and recommendations are shared with outside treatment providers to aid in treatment planning, school advocacy and crisis intervention. Participants will be offered adjunct services including frequent and intensive evaluations, including diagnostic and neuropsychological assessments, psychoeducation, treatment planning (including services from CAPPS and the community), case management, and referral services.”

Website: https://semel.ucla.edu/capps
Phone: 310-206-3466
Fax: 310-794-9517
Contact: Dr. Carrie Bearden, Site Director
Email: cbearden@mednet.ucla.edu

Modesto

LIFE Path

Sierra Vista Child & Family Services
100 Poplar Ave
Modesto, CA 95354

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 14-25

Insurance accepted: Medicaid, Uninsured, Private

Service model: Coordinated Specialty Care (CSC)

Area eligibility: Stanislaus County residents

Website: http://sierravistacares.org/programs_LifePath.asp?c=21
Phone: 209-523-4573
Fax: 209-550-5866
Email: info@sierravistacares.org
Contact: Donnieau E. Snyder, MFT, PhD
Email: dsnyder@sierravistacares.org
Napa / Napa & Solano Counties

Supportive Outreach & Access to Resources (SOAR)
Aldea Child & Family Services
1801 Oak St
PO Box 841
Napa, CA 94559
Website: http://aldeainc.org/services/behavioral-health/early-diagnosis-preventative-treatment

Contact, Service Inquiries, Napa County:
Julianna Huijon, Clinic Coordinator
Phone: 707-253-0123 ext. 652

Contact, General Inquiries, Napa County:
Carolina Mariposa, Program Director
Phone: 707-253-0123 ext. 644

Contact 1, General Inquiries, Solano County:
Halide Porras, Clinic Coordinator
Phone: 707-425-9670 ext. 407
E-mail: hporras@aldeainc.org

Contact 2, General Inquiries, Solano County:
Julie Falicki, Program Director
Phone: 707-425-9670 ext. 218
E-mail: jfalicki@aldeainc.org

Hayward / Alameda County

Felton/EBCRP PREP Alameda
Part of the Felton PREP Network (Prevention and Recovery in Early Psychosis)
22971 Sutro St
Hayward, CA 94541

Populations served: First Episode Psychosis – schizophrenia spectrum
Ages served: 16-24
Insurance accepted: All
Service model: Coordinated Specialty Care (CSC)
Website 1: http://prepwellness.org
Website 2: http://askprep.org
Email: PREPAlameda@felton.org

Contact, Referrals:
Christy Tillotson, MFT, EBCRP PREP Clinical Program Manager
E-mail: Christy.tillotson@ebcrp.org

Contact, Program Inquiries:
Adriana Furuzawa, MA, Felton PREP Division Director
Phone: 415-474-7310 ext. 314
E-mail: afuruzawa@felton.org

Orange County

Orange County Center for Resiliency Education and Wellness (OC CREW)
792 Town & County, Building E
Orange, CA 92868

Populations served: First Episode Psychosis – schizophrenia spectrum
Ages served: 12-25
Insurance accepted: Medicaid, Uninsured
Service model: Coordinated Specialty Care (CSC)
Website: http://ochealthinfo.com/bhs/about/pi/early/crew
Phone: 714-480-5100
Fax: 714-836-5801

Contact:
Joe Gavino, Service Chief
Phone: 714-480-5115
E-mail: jgavino@ochca.com

Palo Alto

INSPIRE
Stanford University Department of Psychiatry and Behavioral Sciences
401 Quarry Rd
Palo Alto, CA 94304

Website: https://med.stanford.edu/psychiatry.html
Phone: 650-498-9111

Contact:
Dr. Jacob Ballon, MD, MPH, Director
Phone: 650-723-3305
Fax: 877-917-8652
E-mail: jballon@stanford.edu

Sacramento

EDAPT (Early Diagnosis and Preventive Treatment) Clinic
UC Davis Medical Center
University of California
2230 Stockton Blvd
Sacramento, CA 95817

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis/Risk prodrome
Ages served: 12-30
Insurance accepted: Medi-Cal eligible, Uninsured
Service model: Coordinated Specialty Care (CSC)
Area eligibility: Sacramento County residents
Website: http://earlypsychosis.ucdavis.edu/sacedapt
Contact:
Mojan Arzami, Referral Facilitator
Phone: 916-734-7251
E-mail: mojazarmi@ucdavis.edu

SacEDAPT
UC Davis Medical Center
University of California
2230 Stockton Blvd
Sacramento, CA 95817

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis/Risk prodrome
Ages served: 12-30
Insurance accepted: Insured, Private
Service model: Coordinated Specialty Care (CSC)
Area eligibility: Sacramento region residents
Website: http://earlypsychosis.ucdavis.edu/edapt
Phone: 916-734-5076

Contact 1:
Dr. Cameron Carter, Director
E-mail: cameron.carter@ucdmc.ucdavis.edu

Contact 2:
Haley Skymba
E-mail: hskymba@ucdavis.edu
Salinas/Monterey

Felton PREP Monterey
Part of the Felton PREP Network (Prevention and Recovery in Early Psychosis)
909A Blanco Circle
Salinas, CA 93901
Website: http://prepwellness.org
Phone (Referrals): 831-424-5033
Fax: 831-424-5044
Email: PREPMonterey@felton.org

Contact, Referrals:
Anna Ballas, MFT, Program Manager
E-mail: aballas@felton.org

Contact, Program Inquiries:
Adriana Furuzawa, MA, Felton PREP Division Director
Phone: 415-474-7310 ext. 314
E-mail: afuruzawa@felton.org

San Diego

Kickstart
6160 Mission Gorge Rd, Ste 100
San Diego, CA 92120

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk / Prodrome
Ages served: 10-25
Insurance accepted: “Our services are provided at no cost.”
Service model: Coordinated Specialty Care (CSC)

Website: http://kickstartsd.org
Phone: 619-481-3790
Fax: 619-481-3797
Contact:
Hope Graven, Clinical Director
E-mail: hgraven@provcorp.com

Cognitive Assessment and Risk Evaluation (CARE) Program
University of California, San Diego (UCSD)
140 Arbor Dr, 4th Floor
San Diego, CA 92103
Website: http://ucsdcareprogram.com
Phone: 619-543-7745
Fax: 619-543-7315
E-mail: care@ucsd.edu
Contact:
Kristin Cadenhead, M.D.
E-mail: kcadenhead@ucsd.edu

San Francisco

Felton BEAM San Francisco
Part of the Felton BEAM (Bipolar Disorder Early Assessment and Management) Program
6221 Geary Blvd, 2nd Floor
San Francisco, CA 94121

Populations served: First Episode Psychosis – bipolar spectrum
Ages served: 14-35
Insurance accepted: All
Service model: Coordinated Specialty Care (CSC)
Website: http://prepwellness.org/beam

Phone (Office): 415-474-7310

Phone (Referrals): 415-476-7278

Fax: 415-751-3226

Email: PREPsf@felton.org

Contact, Referrals:
Alana Rahab, MFT, Program Manager
E-mail: arahab@felton.org

Contact, Program Inquiries:
Adriana Furuzawa, MA, Felton PREP Division Director
Phone: 415-474-7310 ext. 314
E-mail: afuruzawa@felton.org

PART (Prodrome Assessment Research and Treatment) Program

University of California, San Francisco (UCSF)
The Langley Porter Psychiatric Institute
401 Parnassus Ave
San Francisco, CA, 94143-0984

Website: http://partprogram.ucsf.edu

Phone: 415-476-PART or 415-476-7278

Contact:
Rachel Loewy, Director
E-mail: Rachel.Loewy@ucsf.edu

Felton PREP San Francisco

Part of the Prevention and Recovery in Early Psychosis (PREP) Network
6221 Geary Blvd, 2nd Floor
San Francisco, CA 94121

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 14-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: http://prepwellness.org/beam

Phone (Office): 415-474-7310

Phone (Referrals): 415-476-7278

Fax: 415-751-3226

Email: PREPsf@felton.org

Contact, Referrals:
Alana Rahab, MFT, Program Manager
E-mail: arahab@felton.org

Contact, Program Inquiries:
Adriana Furuzawa, MA, Felton PREP Division Director
Phone: 415-474-7310 ext. 314
E-mail: afuruzawa@felton.org

UCSF Path

University of California, San Francisco (UCSF)
Department of Psychiatry
The Langley Porter Psychiatric Institute
401 Parnassus Ave
San Francisco, CA, 94143-0984

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-35

Insurance accepted: Private

Service model: Coordinated Specialty Care (CSC)

Additional info: “The UCSF Path Program (formerly the Early Psychosis Program) is a strength-based comprehensive treatment program for young people and their families who
are experiencing a first episode of psychosis. We are focused on empowering, educating, and fostering independence in the recovery process based on resiliency and social skill building in a collaborative treatment team setting.

**Website:** [http://psych.ucsf.edu/path](http://psych.ucsf.edu/path)

**Contact:**
Itzel Lopez, MFTI  
**Phone:** 415-476-7278  
**E-mail:** itzel.lopez@ucsf.edu

## San Jose/Santa Clara County

**Momentum for Mental Health**
Part of the REACH (Raising Awareness and Creating Early Hope) Program

185 Martinvale Ln  
San Jose CA 95119-1319  
**Phone:** 1-855-2REACHUS or 1-855-273-2248  
**Email:** info@reach4scc.org

**Contact:**
Michelle R. Burlyga, OTRL/L, Manager  
**Phone:** 408-207-0070 ext. 5301  
**E-mail:** mburlyga@momentumMH.org

**Starlight Community Services**
Part of the REACH (Raising Awareness and Creating Early Hope) Program

1885 Lundy Ave, Ste 223  
San Jose CA 95131  
**Website:** [http://reach4scc.org](http://reach4scc.org)  
**Email:** info@reach4scc.org

**Contact:**
Karima Irany, LMFT, Manager

**San Mateo**

**Felton PREP San Mateo**
Part of the Felton PREP Network (Prevention and Recovery in Early Psychosis)

1108 S El Camino Real  
San Mateo, CA 94402  
**Populations served:** First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome  
**Ages served:** 14-35  
**Insurance accepted:** All  
**Service model:** Coordinated Specialty Care (CSC)

**Website:** [http://prepwellness.org](http://prepwellness.org)  
**Phone:** 650-458-0026  
**Fax:** 650-458-0027  
**Email:** PREPSanMateo@felton.org

**Contact, Referrals:**
Bruce Adams, MFT, Program Manager  
**E-mail:** badams@felton.org

**Contact, Program Inquiries:**
Adriana Furuzawa, MA, Felton PREP Division Director  
**Phone:** 415-474-7310 ext. 314  
**E-mail:** afuruzawa@felton.org

**BEAM San Mateo**
Part of the BEAM (Bipolar Disorder Early Assessment and Management) Program

1108 S El Camino Real
San Mateo, CA 94402

**Populations served:** First Episode Psychosis – bipolar spectrum

**Ages served:** 14-35, with additional age range extension down to 12 for UHR/CHR

**Insurance accepted:** “Our funding allows us to work with clients without the need to bill any insurance provider.”

**Service model:** Coordinated Specialty Care (CSC)

**Website:** [http://prepwellness.org](http://prepwellness.org)

**Phone:** 650-458-0026

**Fax:** 650-458-0027

**Email:** PREPSanMateo@felton.org

**Contact, Referrals:**
Bruce Adams, MFT, Program Manager
**E-mail:** badams@felton.org

**Contact, Program Inquiries:**
Adriana Furuzawa, MA, Felton PREP Division Director
**Phone:** 415-474-7310 ext. 314
**E-mail:** afuruzawa@felton.org

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**Santa Barbara**

**Prevention/Early Intervention Services for Transition-Age Youth**

County of Santa Barbara Alcohol, Drug, and Mental Health Services
300 N San Antonio Rd, Bldg 3
Santa Barbara, CA 93110

**Website:** [http://countyofsb.org/behavioral-wellness](http://countyofsb.org/behavioral-wellness)

**Phone:** 888-868-5220

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**Stockton/San Joaquin**

**PREP San Joaquin**

Part of the Prevention and Recovery in Early Psychosis (PREP) Network
1145 N California St
Stockton, CA 95202

**Website:** [http://prepwellness.org](http://prepwellness.org)

**Phone:** 209-603-5936

**Email:** PREPSanJoaquin@fsasf.org

**Contact:**
Adriana Furuzawa, MA, PREP Division Director
**Phone:** 415-474-7310 ext. 314
**E-mail:** afuruzawa@felton.org

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**Telecare Early Intervention and Recovery Program**

4545 Georgetown Pl, Ste A3
Stockton, CA 95207-6628


**Phone:** 209-955-1139

**Fax:** 209-955-1067
Ventura

Ventura Early Prevention Services (VIPS)
Ventura County Behavioral Health Telecare Corporation 5810 Ralston St, 2nd Floor Ventura, CA 93003
Populations served: Psychosis Risk/Prodrome
Ages served: 16-25
Insurance accepted: All
Service model: Coordinated Specialty Care (CSC)
Additional info: “We are a certified PIER program.”
Website: http://prepwellness.org
Phone: 805-642-7033
Fax: 805-642-7732
Email: PREPSanMateo@felton.org
Contact: Barry Boatmen, PsyD, Program Director E-mail: bboatman@telecarecorp.com

COLORADO

Boulder

ADAPT Colorado
Part of the Adolescent Development and Preventive Treatment (ADAPT) Program
University of Colorado Boulder

Populations served: Psychosis Risk/Prodrome
Ages served: 12-24
Insurance accepted: “Research program; no charge”
Service model: “Referrals and participation in research trials in our lab (e.g., exercise intervention”
Additional info: “The ADAPT lab is a research clinic that evaluates adolescents and young adults who are experiencing unusual thoughts, suspiciousness, unusual perceptions, as well as changes in social and academic or career performance. Together we can work to better understand and treat these experiences and improve quality of life. ADAPT has locations in Colorado and Illinois, and is dedicated to taking knowledge generated from basic research, and translating it to improve early detection and develop innovative and effective interventions.”
Website: http://adaptprogram.com/adaptcolorado-home
Phone: 303-492-4616
Email: adapt@colorado.edu
Contact: Vijay Mittal, Director Fax: 303-492-2967 E-mail: vijay.mittal@colorado.edu

Lakewood

EPIC at Jefferson Center for Mental Health
3595 S Teller St Lakewood, CO 80235
Website: http://jcmh.org
CONNECTICUT

New Haven and Hartford

**PRIME (Prevention through Risk Identification, Management & Education) Research Clinic**
Yale University Medical School
34 Park St Room 38 B
New Haven, CT 06519

Website: [http://psychiatry.yale.edu/research/programs/clinical_people/prodome.aspx?organizationId=109519](http://psychiatry.yale.edu/research/programs/clinical_people/prodome.aspx?organizationId=109519)

**Phone:** 203-785-2100

**Contact:**
Barbara C. Walsh, PhD, Clinical Coordinator
**Phone:** 203-974-7057
**Fax:** 203-974-7057
**E-mail:** barbara.walsh@yale.edu

**The Early Psychosis Program at the POTENTIAL Outpatient Clinic**
Institute of Living at Hartford Hospital
Assessment Center for Intake and Young Adult Services

**Phone:** 80 Seymour St
Hartford, CT 06102

**Website:** [http://instituteofliving.org/programs-services/young-adult-services/departments-services/potential-outpatient-clinic](http://instituteofliving.org/programs-services/young-adult-services/departments-services/potential-outpatient-clinic)

**Phone:** 860-545-7200, ext. 3

**Contact:**
David Vaughan, LCSW, Program Manager, Young Adult Services
**Phone:** 860-545-7467
**Fax:** 860-545-7242
**E-mail:** david.vaughan@hhchealth.org

**Contact (Outreach Engagement Program):**
Molly Fergione
**Phone:** 860-545-7210

**Specialized Treatment in Early Psychosis (STEP)**
Connecticut Mental Health Center
Yale School of Medicine
New Haven, CT 06519

Website: [http://medicine.yale.edu/psychiatry/step/index.aspx](http://medicine.yale.edu/psychiatry/step/index.aspx)

**Phone:** 203-589-0388

**Contact:**
Jessica Pollard, PhD, Clinical Director
**E-mail:** jessica.pollard@yale.edu
FLORIDA

Lauderdale Lakes

**NAVIGATE Team**
Part of the NAVIGATE Program
First Episode Psychosis Program
Henderson Behavioral Health
4700 N State Rd 7, Bldg A, Suite 206
Lauderdale Lakes, FL 33319

**Website:** [http://hendersonbh.org](http://hendersonbh.org)

**Phone:** 203-785-2100

**Contact:**
Janine Ribeiro, LMHC, Program Supervisor
**Phone:** 954-634-8096
**Fax:** 203-974-7057
**E-mail:** jribeiro@hendersonbh.org

Panama City

**EPIC Program**
Life Management Center of Northwest Florida
525 E 15th St
Panama City, FL 32405

**Populations served:** First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

**Ages served:** 16-35

**Insurance accepted:** All

**Service model:** Coordinated Specialty Care (CSC)

**Additional info:** “Program serves population of Bay and Jackson Counties in the state of Florida. Program excludes individuals with substance-induced psychosis or psychosis due to general medical condition. Additionally, individuals with Autism Spectrum and Intellectual Deficits are excluded.”

**Website:** [http://lmccares.org](http://lmccares.org)

**Contact:**
Jeffery Stone, MS, LMHC
**Phone:** 805-522-4485 ext. 8565
**Fax:** 805-522-4476
**E-mail:** jstone@lmccares.org

GEORGIA

[State Contact]

Ellen Dean LCSW
Project Coordinator, LIGHT-ETP
Georgia Department of Behavioral Health and Developmental Disabilities
**E-mail:** ellendean1210@gmail.com

Atlanta

**Emory Mental Health & Development Program**
Psychology Dept. of Emory University
201 Dowman Dr
Atlanta, GA 30322

**Populations served:** Psychosis Risk/Prodrome

**Ages served:** 13-30
Insurance accepted: “No fees for most services.”

Service model: “Diagnosis, assessment, and clinical monitoring.”

Website: https://emorymentalhealth.wordpress.com

Contact:
Dr. Elaine F. Walker, Director
Phone: 404-727-0761
Fax: 404-727-0372
E-mail: psyefw@emory.edu

Burford

Listening, Inspiring and Guiding Healthy Transitions Early Treatment Program (LIGHT-ETP) – Burford

Project LIGHT
View Point Health

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: Currently 16-25, expanding to 16-30 beginning October 1, 2016

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: https://myviewpointhealth.org/project-light.da

Phone: 678-209-2411
Email: light@vphealth.org

Athens

Listening, Inspiring and Guiding Healthy Transitions Early Treatment Program (LIGHT-ETP) – Athens

Advantage Behavioral Health Systems

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: Currently 16-25, expanding to 16-30 beginning October 1, 2016

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: http://advantagebhs.org

Phone: 855-333-9544

Decatur/Atlanta Metropolitan Area

Listening, Inspiring and Guiding Healthy Transitions Early Treatment Program (LIGHT-ETP) – DeKalb

Child & Adolescent Mental Health
DeKalb Community Service Board
445 Winn Way
Decatur, GA 30030

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 16-30

Insurance accepted: Medicaid, Medicare, Uninsured
**Service model:** Coordinated Specialty Care (CSC)

**Website:** http://dekcsb.org/services/child-adolescent/peip

**Phone:** 404-294-3834

**Email:** info@dekcsb.org

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**IDAHO**

**Idaho Falls**

**Strength Through Active Recovery (STAR)**

Dept. of Health and Welfare – Behavioral Health Division
150 Shoup Ave
Idaho Falls, ID 83402

**Contact:**
Randy Rodriguez, Program Manager
**Phone:** 208-528-5706

**Contact:**
Janneil Eggleston, Star Team Lead
**Phone:** 208-528-5740
**E-mail:** Egglestj@dhw.idaho.gov

**Contact:**
Liz McDowell, Clinician, Recovery Coach, & Recruitment
**Phone:** 208-528-5715
**E-mail:** McDowellE@dhw.idaho.gov

**Contact:**
Karen Bailey, Clinician, Recovery Coach, & Recruitment
**Phone:** 208-528-5743
**E-mail:** Baileyk@dhw.idaho.gov

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**ILLINOIS**

**Chicago**

**ADAPT Chicago**

Part of the Adolescent Development and Preventive Treatment (ADAPT) Program

Chicago Lab:
Northwestern University Chicago Campus
Rubloff Building, Ste 638
Chicago, IL 60611

Evanston Lab:
Northwestern University Evanston Campus
1801 Maple Ave
Evanston, IL 60201

**Populations served:** Psychosis Risk/Prodrome

**Ages served:** 12-24

**Insurance accepted:** “Research program; no charge”

**Service model:** “Referrals and participation in research trials in our lab (e.g., exercise intervention”

**Additional info:** “The ADAPT lab is a research clinic that evaluates adolescents and young adults who are experiencing unusual thoughts, suspiciousness, unusual perceptions, as well as changes in social and academic or career performance. Together we can work to better understand and treat these experiences and improve quality of life. ADAPT has locations in Colorado and Illinois, and is dedicated to taking knowledge generated from basic research, and translating it to improve early detection and develop innovative and effective interventions.”

**Website:** http://adaptprogram.com/adaptchicago
Contact: Christine Hooker, PhD, Director  
Phone: 617-495-3858  
E-mail: christine.hooker@rush.edu  
E-mail (Rush Hospital): christinehooker@mail.com

Contact:  
Vijay Mittal, Ph.D, Director  
Phone: 847-467-3380  
E-mail: vijay.mittal@northwestern.com

INDIANA

Indianapolis

Prevention and Recovery Center for Early Psychosis (PARC)

Eskenazi Health  
720 Eskenazi Ave  
Indianapolis, IN 46202

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-35  
Insurance accepted: All

Service model: “Standard Early Intervention Services and Meds Only Clinic (medication management only)”

Website: http://psychiatry.medicine.iu.edu/subsites/psychotic-disorders-program/clinic-locations/parc-prevention-and-recovery-for-early-psychosis

Phone (Office): 317-274-1224  
Phone (Referrals): 317-880-8494

Fax: 317-880-0455  
Email: parc@iupui.edu

Contact:  
Alan Breier, MD, Chief of Psychotic Disorders Program  
Phone: 317-941-4287  
E-mail: abreier@iupui.edu

IOWA

Des Moines

RESTORE Program

Eyerly-Ball Mental Health Cropp Clinic  
1301 Center St  
Des Moines, IA 50309

Website: http://eyerlyball.org

Contact:  
RESTORE Project Director  
Phone: 515-243-5181

Cedar Rapids

FERST (First Episode Recovery Support Team)

Abbe Center for Community Mental Health  
520 11th St NW  
Cedar Rapids, IA 52405

Website: http://abbe.org

Contact:  
Chelsea Pechota  
Phone: 319-365-9109  
Email: cpechota@abbehealth.org
KANSAS

Kansas City

The Early Intervention Program

Wyandot Center

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 15-25

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “The Early Intervention Program at Wyandot Center in Kansas City, Kansas is geared towards providing coordinated specialty care to individuals experiencing their first psychotic episode. The team serves residents of Wyandotte County that are within the first two weeks to two years of symptoms on the schizophrenia spectrum.”

Website: http://wyandotcenter.org

Phone (Information): 913-328-4600

Phone (Crisis Line): 913-788-4200

Contact:
Jennifer Krehbiel, LPC, Early Intervention Team Leader and Therapist

KENTUCKY

Prestonsburg

iHOPE

Mountain Comprehensive Care Center
104 S Front Ave
Prestonsburg, KY 41653

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 15-30

Insurance accepted: Medicaid, Uninsured

Service model: Coordinated Specialty Care (CSC)

Additional info: “Our program is fairly new. We started doing outreach in July 2015 and started accepting referrals for new clients in January 2016.”

Website: http://mtcomp.org

Phone (Line 1): 606-886-8572

Phone (Line 2): 606-886-4318

Phone (Line 3): 606-339-7596

Contact:
Angela Parker, LPCA, NCC, Program Coordinator

Email: aparker@mtcomp.org
LOUISIANA

Metairie

EPIC-NOLA
Sinfonia Family Services
3613 Hessmer Ave, Ste 101
Metairie, LA 70002

Populations served: First Episode Psychosis – schizophrenia spectrum

Insurance accepted: Medicaid, Medicare, Private, Self-Pay

Service model: Coordinated Specialty Care (CSC)

Website: http://sinfoniafamilyservices.com

Contact:
Mark J. Taliancich, LPC-S, Director of Home & Community Programs
Phone: 504-324-7922
Email: MJTaliancich@sfslouisiana.com

MAINE

Portland

Portland Identification and Early Referral (PIER) Mental Health Attitudes of Youth (MAY) Study
Maine Medical Center
Dept. of Psychiatry

22 Bramhall St
Portland, ME 04102

Website: http://mmcri.org/ns/?page_id=5976
Phone: 207-662-3681
Contact:
Sarah Lynch, LCSW
Email: lynchs@mmc.org

MARYLAND

Baltimore

Early Psychosis Intervention Clinic (EPIC)
Part of the Maryland Early Intervention Program
Johns Hopkins Bayview Medical Center
Community Psychiatry Program
4940 Eastern Ave
Baltimore, MD 21224

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 13-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: http://hopkinsmedicine.org/psychiatry/specialty_areas/schizophrenia/patient_information/treatment_services/early_psychosis.html
Phone: 410-955-5212
**Contact:**
Krista Baker, LPC, Clinical Supervisor
Email: kbaker1@jhmi.edu

**Strive For Wellness Program**
Part of the Maryland Early Intervention Program
701 W Pratt St
Baltimore, MD 21201
Website: https://marylandeip.com/
clinicalServices
Phone: 410-328-9087

**Catonsville**

**First Episode Clinic (FEC)**
Part of the Maryland Early Intervention Program
Neuroimaging Research Program
Maryland Psychiatric Research Center
55 Wade Ave
Catonsville, MD 21228
Website: http://mprc.umd.edu/NRP/fec_clinic.asp
Phone: 410-402-6833
Contact:
Beth Steger, LCSW-C
Phone: 410-402-6833
Email: bsteger@mprc.umd.edu

**Maryland Early Intervention Program (EIP)**
Maryland Psychiatric Research Center
55 Wade Ave
Catonsville, MD 21228

**Populations served:** First Episode Psychosis – schizophrenia spectrum

**Insurance accepted:** "It varies across the five clinics."

**Service model:** Coordinated Specialty Care (CSC)

**Additional info:** "The Maryland Early Intervention Program (EIP) offers specialized programs following a coordinated specialty care (CSC) model with expertise in the early identification, evaluation, and comprehensive psychiatric treatment of adolescents and young adults, 12 to 30, at risk for, or in the early stages of, a mental illness with psychosis. The EIP is committed to reducing disability by equipping individuals and their families with tools to manage their illness, move successfully through the developmental stages of growth, and establish a life of their choosing."

Website: http://marylandeip.com
Phone: 877-277-MEIP (1-877-277-6347)
Fax: 877-689-9185
Email: info@MarylandEIP.com

**Gaithersburg**

**OnTrack Maryland**
Part of the Maryland Early Intervention Program
Family Services, Inc.
610 E Diamond Ave, Ste 100
Gaithersburg, MD 20877
Website: http://fs-inc.org/services/programs/ontrack-maryland
MASSACHUSETTS

Belmont

McLean OnTrack

115 Mill St
Belmont, MA 02478

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 18-30

Insurance accepted: Medicaid, Medicare, Private

Service model: Coordinated Specialty Care (CSC), Open Dialogue

Website: http://mcleanhospital.org/programs/mclean-ontrack

Phone: 617-855-4194

Contact:
Kiersten Bolton, MD
Email: kwbolton@partners.org

Framingham

The Collaborative Pathway

Advocates, Inc.
1881 Worcester Rd
Framingham, MA 01701

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Other

Ages served: 14-34

Insurance accepted: Medicaid, Medicare, Private

Service model: Open Dialogue

Website: http://advocates.org/services/collaborative-pathway

Phone: 508-628-6652
Fax: 508-628-6303
Email: Info@Advocates.org

Contact:
Chris Gordon, MD, Vice President & Medical Director
Email: CGordon@Advocates.org

Boston

First-episode and Early Psychosis Program (FEPP)

Department of Psychiatry
Massachusetts General Hospital
Department of Psychiatry, Wang Building, Ste 815
55 Fruit St
Boston, MA 02114

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 15-40

Insurance accepted: Medicaid, Medicare, Private

Service model: Coordinated Specialty Care (CSC)
Additional info: "We provide medication, individual and family based therapy on NAVIGATE model and coordinate supported employment/education with outside providers."

Website: http://massgeneral.org/schizophrenia/services/treatmentprograms.aspx?id=1571

Phone: 617-724-7792

Contact: Dr. Corinne Cather
Email: CCATHER@mgh.harvard.edu

Center for Early Detection, Assessment, & Response to Risk (CEDAR)

CEDAR Program
75 Fenwood Rd, 5th floor
Boston, MA 02115

Populations served: Psychosis Risk/Prodrome
Ages served: 14-30 (research programs serve individuals 12-35)

Insurance accepted: All
Service model: Coordinated Specialty Care (CSC)

Additional info: "We provide medication, individual and family based therapy on NAVIGATE model and coordinate supported employment/education with outside providers."

Website: http://cedarclinic.org

Phone: 617-754-1210

Contact: Michelle Friedman-Yakoobian, Ph.D., Clinical Team Leader
Email: mfriedm3@bidmc.edu

Prevention and Recovery in Early Psychosis (PREP)

Beth Israel Deaconess Medical Center
Harvard Medical School Teaching Hospital
330 Brookline Ave
Boston, MA 02215

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums
Ages served: 16-30

Insurance accepted: All
Service model: Coordinated Specialty Care (CSC)

Additional info: "We also provide 2 days of psychoeducational group programming, milieu treatment, as well as individual and multifamily group treatment."

Website: http://bidmc.org/Centers-and-Departments/Departments/Psychiatry/The-Prevention-and-Recovery-in-Early-Psychosis---PREP.aspx

Phone: 617-667-4735

Contact: Thomas Monteleone, LICSW, PREP Team Leader
Email: Thomas.Monteleone@state.ma.us

Worcester

Screening and Treatment of Early Psychosis (STEP) Clinic

University of Massachusetts Medical School
55 Lake Ave N
Worcester, MA 01655
**Populations served:** First Episode Psychosis – schizophrenia spectrum

**Ages served:** 16-35

**Insurance accepted:** All

**Service model:** Coordinated Specialty Care (CSC)

**Additional info:** “We provide medication, individual and family based therapy on NAVIGATE model and coordinate supported employment/education with outside providers.”

**Website:** [http://umassmed.edu/psychiatry/psychoticdisordersclinic/stepclinicstaff](http://umassmed.edu/psychiatry/psychoticdisordersclinic/stepclinicstaff)

**Contact:**
Dr. Xiaoduo Fan, MD, MPH, MSc, Director

**Email:** xiaoduo.fan@umassmed.edu

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**MICHIGAN**

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**[State Contact]**

**Cathy Adams**
Michigan FEP Training and Implementation Consultant

**E-mail:** adams@etchwellness.org

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**East Lansing**

**Early Treatment and Cognitive Health (ETCH)**

4572 S Hagadorn Rd, Ste 1E
East Lansing, MI 48823

**Populations served:** First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

**Ages served:** 15-30

**Insurance accepted:** All

**Service model:** Coordinated Specialty Care (CSC)

**Website:** [http://etchwellness.org](http://etchwellness.org)

**Phone:** 517-481-4800

**Fax:** 517-481-4801

**Contact:**
Cathy Adams, LMSW, ACSW, CAADC, Clinical Director

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**Grand Rapids**

**InterAct of Michigan**
Part of the NAVIGATE Program

1131 Ionia St NW
Grand Rapids, MI 49503

**Website:** [http://interactmich.org](http://interactmich.org)

**Contact:**
Carey Cutcher, LMSW, NAVIGATE Team Supervisor

**Phone:** 616-259-7921

**Fax:** 616-259-7909

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**Southfield**

**NAVIGATE Team of Easter Seals Michigan**

Part of the NAVIGATE Program

22170 W 9 Mile
Southfield, MI 48033
MINNESOTA

Minneapolis

First Episode Psychosis Program (FEPP)

University of Minnesota Medical Center
2450 Riverside Ave
Minneapolis, MN 55454

Website: https://mhealth.org
Phone (Inpatient Program): 612-672-6600
Phone (Outpatient Program): 612-672-2736
Phone (Referrals): 612-672-7575

MISSISSIPPI

Greenwood

NAVIGATE-Enhanced PACT Team

Part of the NAVIGATE Program

Life Help/Region VI CMHC
2504 Browning Rd
Greenwood, MS 38930

Contact:
India A. Mitchell, Team Leader

MISSOURI

St. Louis

First Contact Assessment Service

The Conte Center
Washington University in St. Louis School of Medicine
24 S Kingshighway
St. Louis, MO 63108

Website: http://conte.wustl.edu/FirstContactAssessmentService.aspx
Phone: 314-747-2160
Fax: 314-747-2182
Contact:
Angela M. Reiersen, MD

MONTANA

Billings

NAVIGATE-Enhanced TAY Team

Part of the NAVIGATE Program

LEAD (Launch, Emerge, Achieve, Decide) Program
The Center for Children and Families
NEW YORK

Albany

OnTrackNY Parsons

Part of the OnTrackNY Program
Parsons Child and Family Center
401 New Karner Rd, 2nd Floor
Albany, NY 12205

Populations served: First Episode Psychosis – schizophrenia spectrum
Ages served: 16-30
Insurance accepted: All
Service model: Coordinated Specialty Care (CSC)
Website: http://parsonscenter.org/program/ontrackny
Phone: 518-292-5451
Email: OnTrackNY@ParsonsCenter.org

BUFFALO

NAVIGATE Team of the Adult, Child, and Family Clinic

Part of the NAVIGATE Program
Erie County Medical Center
462 Grider St
Buffalo, NY 14215

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome
Ages served: 14-30

NEW HAMPSHIRE

[State Contact]

Mary Brunette, MD
Dartmouth Professor & Medical Director of NH Bureau of Behavioral Health
E-mail: mary.f.brunette@dartmouth.edu

NEW MEXICO

Albuquerque

EARLY Psychosis Consultation Clinic
University of New Mexico Mental Health Center
2600 Marble NE
Albuquerque, NM 87131

Website: http://psychiatry.unm.edu/about/index.html
Phone: 1-888-NM-EARLY (1-888-663-1759)
Contact:
Dawn Halperin, MA, LPCC
Phone: 505-272-3602
Email: dhalperin@salud.unm.edu

NEW YORK

Albany

OnTrackNY Parsons

Part of the OnTrackNY Program
Parsons Child and Family Center
401 New Karner Rd, 2nd Floor
Albany, NY 12205

Populations served: First Episode Psychosis – schizophrenia spectrum
Ages served: 16-30
Insurance accepted: All
Service model: Coordinated Specialty Care (CSC)
Website: http://parsonscenter.org/program/ontrackny
Phone: 518-292-5451
Email: OnTrackNY@ParsonsCenter.org

BUFFALO

NAVIGATE Team of the Adult, Child, and Family Clinic

Part of the NAVIGATE Program
Erie County Medical Center
462 Grider St
Buffalo, NY 14215

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome
Ages served: 14-30

NEW YORK

Albany

OnTrackNY Parsons

Part of the OnTrackNY Program
Parsons Child and Family Center
401 New Karner Rd, 2nd Floor
Albany, NY 12205

Populations served: First Episode Psychosis – schizophrenia spectrum
Ages served: 16-30
Insurance accepted: All
Service model: Coordinated Specialty Care (CSC)
Website: http://parsonscenter.org/program/ontrackny
Phone: 518-292-5451
Email: OnTrackNY@ParsonsCenter.org

BUFFALO

NAVIGATE Team of the Adult, Child, and Family Clinic

Part of the NAVIGATE Program
Erie County Medical Center
462 Grider St
Buffalo, NY 14215

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome
Ages served: 14-30

NEW HAMPSHIRE

[State Contact]

Mary Brunette, MD
Dartmouth Professor & Medical Director of NH Bureau of Behavioral Health
E-mail: mary.f.brunette@dartmouth.edu

NEW MEXICO

Albuquerque

EARLY Psychosis Consultation Clinic
University of New Mexico Mental Health Center
2600 Marble NE
Albuquerque, NM 87131

Website: http://psychiatry.unm.edu/about/index.html
Phone: 1-888-NM-EARLY (1-888-663-1759)
Contact:
Dawn Halperin, MA, LPCC
Phone: 505-272-3602
Email: dhalperin@salud.unm.edu
Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “A unique feature of our program is that, because we are a part of Erie County Medical Center, our program is better able to coordinate with the psychiatric emergency room, inpatient psychiatry, and follow-up programs to ensure early intervention and continuity of care.”

Website: http://ecmc.edu/progress/behavioral

Contact:
Elley Newton, LMSW
Phone: 716-898-1970
Email: enewton@ecmc.edu

Contact:
Janelle Baker, LCSW
Phone: 716-898-5713
Email: JBakern@ecmc.edu

OnTrackNY at Lake Shore Behavioral Health, Inc.
Part of the OnTrackNY Program
Lakeshore Behavioral Health
255 Delaware Ave, Suite 400
Buffalo, NY 14202
Website: http://lake-shore.org/what-we-do/mental-health1/ontrack
Phone: 716-566-6188

Contact:
Jill Cooke, Outreach and Recruitment Coordinator

Contact:
Jill Dunstan, LMHC, CASAC, Team Leader
Email: jdunstan@lake-shore.org

Brooklyn

Kings OnTrackNY
Part of the OnTrackNY Program
Behavioral Health Services – R Building
Kings County Hospital Center
451 Clarkson Ave
Brooklyn, NY 11203
Phone: 718-245-5242

Long Island

OnTrackNYSuffolk
Part of the OnTrackNY Program
Farmingville Mental Health Clinic
15 Horseblock Pl
Farmingville, NY 11738
Phone: 631-854-2400

Contact:
Paula Peterson, LCSW-R, Outreach and Recruitment Coordinator
Email: paula.peterson@suffolkcountyny.gov

Recognition and Prevention Program (RAP)
Psychiatry Research
The Zucker Hillside Hospital
75-59 263rd St
Glen Oaks, NY 11004
Website: http://rapprogram.org
Phone: 718-470-8115

Contact:
Ruth Olsen, BS
New York City

Early Treatment Program (ETP) – Zucker Hillside Hospital

Part of the Early Treatment Program (ETP)
75-59 263rd St
Glen Oaks, NY 11004

**Populations served:** First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

**Ages served:** 15-35

**Insurance accepted:** All

**Service model:** Coordinated Specialty Care (CSC), Open Dialogue

**Website:** https://northwell.edu/find-care/services-we-offer/early-treatment-program

**Phone:** 718-470-8888

**Email:** EarlyTreatmentProgram@NSHS.edu

OnTrackNY at the Jewish Board

Part of the OnTrackNY Program

The Jewish Board of Family and Children’s Services
135 W 50th St, 6th Floor
New York, NY 10020

**Populations served:** First Episode Psychosis – schizophrenia spectrum

**Ages served:** 16-30

**Insurance accepted:** Medicaid, Private

**Service model:** Coordinated Specialty Care (CSC)

**Website:** https://northwell.edu/find-care/services-we-offer/early-treatment-program

Early Treatment Program (ETP) – Upper East Side

Part of the Early Treatment Program (ETP)

Dept. of Psychiatry at Lenox Hill Hospital
111 E 77th St
New York, NY 10075

**Website:** https://northwell.edu/find-care/services-we-offer/early-treatment-program

**Phone:** 212-434-2830

Manhattan

The Center of Prevention & Evaluation (COPE)

Columbia University Department of Psychiatry
New York State Psychiatric Institute
1051 Riverside Dr
New York, NY 10032

**Website:** http://columbiapsychiatry.org/researchclinics/prodromal-clinic

**Phone:** 646-774-5232

Contact:
Ragy Girgis, MD, Director
**Email:** rg2290@columbia.edu

Contact:
Gary Brucato, PhD, Assistant Director
**Phone:** 646-774-5232
**Email:** gb2428@cumc.columbia.edu

Early Treatment Program (ETP) – Upper East Side

Part of the Early Treatment Program (ETP)

Dept. of Psychiatry at Lenox Hill Hospital
111 E 77th St
New York, NY 10075

**Website:** https://northwell.edu/find-care/services-we-offer/early-treatment-program

**Phone:** 212-434-2830


**Phone:** 212-632-4721

**Contact:**
Daniel Tanh, LMSW, Outreach and Recruitment Coordinator
**Email:** dtanh@jbfcs.org

**PEER Program at the Psychiatric Recovery Center (PRC)**

Outpatient Psychiatry
Mount Sinai St. Luke’s Hospital Center
1111 Amsterdam Ave
New York, NY 10025-1716

**Populations served:** First Episode Psychosis – schizophrenia and bipolar spectrums

**Ages served:** 18-70 (for PRC)

**Insurance accepted:** Medicaid, Medicare, Private

**Service model:** Open Dialogue

**Additional info:** “The Psychiatric Recovery Center (PRC) cares for individuals with psychotic disorders such as schizophrenia, schizoaffective and bipolar disorder with psychotic features. PRC provides psychiatric care (including psychopharmacological treatment); individual, family and group therapies; and integrated care for comorbid substance use disorders and medical disorders. Embedded within the clinic is also the PEER Program, for young adults experiencing a first episode of psychosis.”

**Phone:** 212-523-4000

**Note:** Not a FEP or early psychosis intervention program, but offers services for individuals diagnosed with schizophrenia ages 18-65. Can be a resource for early intervention eligible young people.

**Website:** [http://columbiapsychiatry.org/researchclinics/lieber-schizophrenia-research-clinic](http://columbiapsychiatry.org/researchclinics/lieber-schizophrenia-research-clinic)

**OnTrackNYC Washington Heights**

Washington Heights Community Services Center for Practice Innovations
Division of Mental Health Services and Policy Research
Columbia Psychiatry
New York State Psychiatric Institute, Box 100
1051 Riverside Dr
New York, NY 10032

**Website:** [http://columbiapsychiatry.org/nyspi/patients-and-families/ontrack-ny-connections-program](http://columbiapsychiatry.org/nyspi/patients-and-families/ontrack-ny-connections-program)

**Phone:** 646-774-8422

**Email:** cpihelp@nyspi.columbia.edu

**Contact:**
Lisa Dixon, MD, MPH, Director
**Fax:** 646-774-8421

**Contact:**
Sapna Mendon, LMSW, Director of Program Evaluation
**Phone:** 212-740-7671
**Fax:** 212-543-5041
**Email:** mendons@nyspi.columbia.edu

**The Lieber Schizophrenia Research Clinic (LSRC)**

New York State Psychiatric Institute
1051 Riverside Dr, Unit 2
New York, NY 10032

**Note:** [Not a FEP or early psychosis intervention program, but offers services for individuals diagnosed with schizophrenia ages 18-65. Can be a resource for early intervention eligible young people.](http://columbiapsychiatry.org/researchclinics/lieber-schizophrenia-research-clinic)


**Syracuse/Central New York**

**OnTrackNY Central New York**
Hutchings Psychiatric Center
600 Genesee St, 1st Floor, Ste 123
Syracuse, New York 13202

**Phone:** 315-728-4323  
**Email:** ONTRACK-CNY@omh.ny.gov  
**Contact:** Julie Aspenleiter, PsyD, Outreach and Recruitment Coordinator

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**Yonkers**

**OnTrackNY Westchester**
The Mental Health Association of Westchester
20 S Broadway, Ste 1111
Yonkers, NY 10701

**Website:** http://ontracknymha.org  
**Phone:** 914-666-4646 ext.7727  
**Email:** ontrackny@mhawestchester.org  
**Contact:** Tia Dole, Team Leader

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**NORTH CAROLINA**
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**Carrboro**

**OASIS at UNC School of Medicine**
Part of the Outreach and Intervention Support Services (OASIS) Program

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**Chapel Hill**

**Prevention Through Risk Identification Management & Education (PRIME) Study**
University of North Carolina at Chapel Hill
Dept. of Psychiatry  
Chapel Hill, NC 27599-2200

**Populations served:** First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

**Ages served:** 15-36

**Website:** https://med.unc.edu/psych/cecmh/oasis/research/current-studies/prime

**Phone:** 877-774-6319

**Contact:**
Jennifer Nieri, LCSW  
Phone: 919-966-8341  
Email: jennifer_nieri@med.unc.edu

**Contact:**
Dylan Grewen, BA, CPT  
Phone: 919-843-3421  
Email: dylan_grewen@med.unc.edu

**Raleigh**

**OASIS Raleigh**

Part of the Outreach and Intervention Support Services (OASIS) Program

3010 Falstaff Rd, Ste 107  
Raleigh, NC 27610

**Populations served:** First Episode Psychosis – schizophrenia and bipolar spectrums

**Ages served:** 15-30

**Website:** http://med.unc.edu/psych/cecmh/patient-client-information/oasis

**Phone:** 919-445-0401

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**OREGON**

[State Contacts]

**Jean Lasaster, MA**

Young Adult Services Coordinator  
Addictions & Mental Health  
Oregon Health Authority

**Phone (Office):** 503-947-5538  
**Phone (Cell):** 503-569-0609  
**Fax:** 503-947-5043  
**E-mail:** jean.c.lasater@state.or.us

**Early Assessment and Support Alliance (EASA)**

EASA hosts programs in most Oregon counties. A complete and frequently updated list of programs is available at http://easacommunity.org/easa-programs.php

**OHIO**

**Akron/Summit County**

**FIRST Summit County**

Part of the FIRST Network

Child Guidance & Family Solutions  
18 N Forge St  
Akron, OH 44304-1317

**Contact:**
FIRST Summit County Team Leader  
**Phone:** 234-788-1646
Bowling Green/Wood County

**FIRST Lucas and Wood Counties**
Part of the FIRST Network
COMPASS, A Division of the Zepf Center
541 W Wooster St, 3rd Floor
Bowling Green, OH 43402

**Contact:**
FIRST Lucas and Wood Counties Team Leader
**Phone:** 419-764-2773

Canton/Stark County

**FIRST Stark County**
Part of the FIRST Network
Coleman Professional Services
400 Tuscarawas St W, Ste 200
Canton, OH 44702

**Contact:**
FIRST Stark County Team Leader
**Phone:** 330-541-1877

Cleveland/Cuyahoga County

**FIRST Cuyahoga County**
Part of the FIRST Network
Catholic Charities Diocese of Cleveland
The Covenant
1515 W 29th
Cleveland, OH 44113

**Contact:**
FIRST Cuyahoga County Team Leader
**Phone:** 216-339-1438

Columbus

**Early Psychosis Intervention Center (EPICENTER) - Ohio**
Department of Psychiatry and Behavioral Health
The Ohio State University
1670 Upham Dr
Columbus, OH 43210

**Phone:** 614-685-6052

**Contact:**
Dr. Nicholas Breitborde, Director

Greater Cincinnati Area

**FIRST Greater Cincinnati, Hamilton County**
Part of the FIRST Network

**Hamilton County Location:**
Greater Cincinnati Behavioral Health Services
7162 Reading Rd, Ste 400
Cincinnati, OH 45237

**Clermont County Location:**
Greater Cincinnati Behavioral Health Services
1074 Wasserman Way
Batavia, OH 45103

**Website:** [http://gcbhs.com](http://gcbhs.com)

**Contact:**
FIRST Greater Cincinnati Area Team Leader
**Phone:** 513-354-7337
Greater Lima

**FIRST Greater Lima**

Part of the FIRST Network
Coleman Professional Services
799 S Main St
Lima, OH 45804

**Contact:**
FIRST Greater Lima Team Leader
**Phone:** 330-541-8543

Kent/Portage County

**FIRST Portage County**

Part of the FIRST Network
Coleman Professional Services – Portage Co. Offices
5982 Rhodes Rd
Kent, OH 44240

**Contact:**
FIRST Portage County Team Leader
**Phone:** 330-676-6859

Rootstown

**The Best Practices in Schizophrenia Treatment (BeST) Center**

4209 State Route 44
Rootstown, OH 44272

**Populations served:** First Episode Psychosis – schizophrenia spectrum

**Ages served:** 15-40

**Insurance accepted:** All

**Service model:** Coordinated Specialty Care (CSC)

**Website:** http://neomed.edu/academics/bestcenter/bestpracticefirstepidosepsychosis

**Phone:** 330-325-6695

**Contact:**
Vicki L. Montesano, Associate Director
**Phone:** 330-325-6696
**Email:** vmontesano@neomed.edu

**Contact:**
Heather Pokrandt, Consultant Trainer for FIRST Programs
**Email:** hpokrandt@neomed.edu

Toledo, Lucas County

**FIRST Lucas & Wood Counties**

4209 State Route 44
Rootstown, OH 44272

Part of the FIRST Network

**Zepf Center Central Community Support Location:**
Medical and Vocational Services
6605 W Central Ave
Toledo, OH 43617

**Zepf Center Nebraska Medical Location:**
Child and Adolescent Services
905 Nebraska Ave
Toledo, OH 43607

**Contact:**
FIRST Lucas and Wood Counties Team Leader
**Phone:** 419-764-2773
**Warren/Trumbull County**

**FIRST Trumbull County**
Part of the **FIRST** Network
Coleman Professional Services Offices
552 N Park Ave
Warren, OH 44481-1117

**Contact:**
FIRST Trumbull County Team Leader
**Phone:** 330-541-1732

**Youngstown/Mahoning County**

**FIRST Mahoning County**
Part of the **FIRST** Network
Turning Point Counseling Services
611 Belmont Ave
Youngstown, OH 44502

**Contact:**
FIRST Mahoning County Team Leader
**Phone:** 234-201-2512

**OKLAHOMA**

**Oklahoma City**

**NAVIGATE Program of HOPE Community Services**
HOPE Community Services, Inc.
6100 S Walker Ave
Oklahoma City, OK 73139

**Website:** http://hopecsi.org/SitePages/Services%20Offered.aspx

**Contact:**
Leslie Hebert, Director
**Email:** lahebert@hopecsi.org

**PENNSYLVANIA**

**Philadelphia**

**Penn Psychosis Evaluation and Recovery Center (PERC)**
Dept. of Psychiatry – Neuropsychiatry Section
Hospital of The University of Pennsylvania
Gates Building, 10th Floor
Philadelphia, PA 19104

**Website:** http://med.upenn.edu/perc
**Phone:** 215-615-3292
**Fax:** 215-662-7903

**Contact:**
Dr. Christian G. Kohler, MD, Director

**PEACE (Psychosis Education, Assessment, Care, and Empowerment)**
A Program of Horizon House
3819 Chestnut St, Garden Level
Philadelphia, PA 19104

**Populations served:** First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome, Other

**Ages served:** 15+
**Insurance accepted:** Medicaid, Uninsured, Private Pay

**Service model:** Coordinated Specialty Care (CSC)

**Additional info:** “We provide a comprehensive set of services including individual CBT and group therapy, multi-family group psychoeducation, occupational therapy, peer support, evidence-based psychopharmacology, supported employment and education, art therapies, nursing support, and others. Our focus is on resiliency and assisting individuals with early psychosis to get back to their lives.”

**Website:** http://phillypeace.org

**Phone:** 215-38-PEACE (215-387-3223)

**Fax:** 215-387-3203

**Email:** peace@hhinc.org

**Contact:**
Irene Hurford
Email: irene.hurford@hhinc.org

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**TENNESSEE**

[State Contacts]

**Warren Stewart, Program Specialist**
Dept. of State Health Services

**Phone:** 512-838-4327
**E-mail:** Warren.Stewart@dshs.state.tx.us

**Reese Carroll**

**Phone:** 512-838-4339
**E-mail:** Reese.Carroll@dshs.state.tx.us

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**Dallas**

**First Episode Psychosis Program (FEPP)**

UT Southwestern Medical Center
Dept. of Psychiatry
6363 Forest Park Rd, Ste 651
Dallas, TX 75390-8828

**Service model:** Coordinated Specialty Care (CSC)

**Website:** http://utsouthwestern.edu/education/medical-school/departments/psychiatry/index.html

**Phone:** 214-648-4603

**Email:** first.episode.psychosis@utsouthwestern.edu

**Contact:**
Dr. Carol Tamminga, MD, Chairman

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**UTAH**

**Ogden**

**Weber & Morgan County First Episode Psychosis Program**

Weber Human Services
237 26th St
Ogden, UT 84401

**Website:** https://weberhs.org/home

**Phone:** 801-778-6832

**Contact:**
Jayne N. Kashiwaeda, LCSW
**E-mail:** jaynek@weberhs.org
[State Contacts]

Rhonda Thissen, MSW
Virginia DBHDS, Office of Mental Health Services
Phone: 804-786-2316
E-mail: Rhonda.Thissen@dbhds.virginia.gov

State Website for Early Psychosis Intervention
The website includes area eligibility and contact information for each program:

Alexandria

Transitioning Adults Into Living Successfully (TRAILS)
Alexandria City Hall
301 King St
Alexandria, VA 22314
Ages served: 16-25
Service model: Coordinated Specialty Care (CSC)
Area eligibility: Residents of Alexandria
Website: https://alexandriava.gov/dchs/adult-services/default.aspx?id=86020
Phone: 703-746-3441
Email: trails2recovery@alexandriava.gov
Contact: Nicole Rohrer
Phone: 703-746-5700

Abingdon

NAVIGATE Team of Highlands Community Services
Part of the NAVIGATE Program
610 Campus Dr
Abingdon, VA 24210
Contact: Sydney Peltier, Team Leader
Email: speltier@highlandscsb.org

Fairfax

Turning Point
8221 Willow Oaks Corporate Drive
Fairfax, VA 22031
Populations served: First Episode Psychosis – schizophrenia spectrum
Ages served: 16-26
Insurance accepted: “Turning Point does not bill insurance but has a monthly fee set to a sliding scale."
Service model: Coordinated Specialty Care (CSC)
Area eligibility: Residents of Alexandria
Website: http://turningpointcsc.org
**Henrico**

**INSTRIDE**
Henrico County Mental Health and Developmental Services
10299 Woodman Rd
Glen Allen, VA 23060

**Website:** http://henrico.us/mhds

**Phone:** 804-727-8500

**Contact:**
Tisha Parson
**Phone:** 804-727-8515

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**Loudoun County**

**Linking Individuals & Navigating Care (LINC)**
Mental Health, Substance Abuse, & Developmental Services

**Populations served:** First Episode Psychosis – schizophrenia and bipolar spectrums

**Ages served:** 16-30

**Insurance accepted:** All

**Service model:** Coordinated Specialty Care (CSC)

**Area eligibility:** Loudoun County residents

**Website:** https://loudoun.gov/LINC

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**Prince William**

**GetOnTrack**
Prince William County Community Services Community Residences, Inc.

**Website:** http://communityresidences.org/getontrack/about-getontrack

**Contact:**
DeAnne Mullins
**Phone:** 703-842-2301

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**Rappahannock/Rapidan (Culpeper)**

**Young Adult Coordinated Care Program**
Rappahannock Rapidan Community Services (RRCS)

**Area eligibility:** Culpeper, Fauquier, Madison, Orange and Rappahannock County residents

**Website:** https://rrcsb.org

**Phone:** 540-825-3100

**Email:** YACC@rrcsb.org

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**Western Tidewater**

**Life Management Program**
Western Tidewater Community Services Board
WASHINGTON

[State Contacts]

Haley Lowe, MA
Behavioral Health Program Administrator
New Journeys
E-mail: lowehj@dshs.wa.gov

State Website for Early Psychosis Intervention
http://fpaws.org/content/get-help-early-washington-states-early-psychosis-initiative

Yakima

New Journeys Early Intervention Project
Central Washington Comprehensive Mental Health Services
402 S 4th Ave
PO Box 959
Yakima, WA 98907

Populations served: First Episode Psychosis

-- schizophrenia and bipolar spectrums
Ages served: 15-25
Insurances accepted: All
Service model: Coordinated Specialty Care (CSC)
Website: http://utsouthwestern.edu/education/medical-school/departments/psychiatry/index.html
Phone: 509-575-4084
Email: first.episode.psychosis@utsouthwestern.edu
Contact: Dr. Carol Tamminga, MD, Chairman

WISCONSIN

[State Contacts]

Ryan Stachoviak, MPH
Mental Health Planner
Bureau of Prevention, Treatment & Recovery
Division of Mental Health & Substance Abuse Services
Department of Health Services
1 W Wilson St
Madison, WI 53707
Phone: 608-261-9316
E-mail: Ryan.Stachoviak@wisconsin.gov

Renee Sutkay, MS, LPC
Clinical Team Manager
Madison

Promoting Recovery from Onset of Psychosis (PROPs)

Journey Mental Health Center
625 W Washington Ave
Madison, WI 53703

Website: https://props.journeymhc.org
Phone: 608-280-3140
Fax: 608-280-3143
Email: props.referrals@journeymhc.org

Milwaukee

Wraparound Milwaukee

9201 W Watertown Plank Rd
Milwaukee, WI 53226

Populations served: First Episode Psychosis – schizophrenia spectrum, Other
Ages served: 8-23
Insurances accepted: Medicaid
Service model: Coordinated Specialty Care (CSC)
Website: http://wraparoundmke.com
Phone: 414-257-7639